

Cass County Adult Treatment Court (ATC) Risk Assessment Summary

Participant: X

Birth Date: 9/2/1983

Date of assessment: 11/30/2016

Methods: Semi-structured interview; Collateral Consults

Results: Level of Service Inventory – Revised (LSI-R) Score 20 (49.8th percentile) –Moderate/High Risk of Recidivism. Recommendation for participation in 4th District Adult Treatment Court (ATC).

The following evidence-based recommendations address each area of dynamic, or “changeable”, criminogenic needs to reduce Mr. X’s risk of recidivism:

Criminal Behavior: Mr. X reports that he has minimal criminal history. However, given his history of criminal activity regarding methamphetamine, his criminal history is not an accurate reflection of his criminal activity and risk for recidivism. He is currently facing prison on methamphetamine related charges.

Recommendation: Intensive Cognitive Behavioral Therapy (CBT) to address criminal thinking and criminal behavior at a frequency and duration as indicated by research to prove effective is indicated (~200 hours) including, but not limited to Moral Reconciliation Therapy (MRT) and Thinking 4 a Change (or similar evidence-based curriculum). Imposition of swift and certain sanctions for any violations is recommended to reduce his risk of recidivism.

Education: Mr. X reports that he has his high school diploma.

Recommendation: None.

Employment: Mr. X reports a limited work history in the past year admitting to working six months out of the 12 prior to his arrest on the instant offense. He states that he has worked a full year in the past and has also had a full year pass when he did not work.

Recommendation: Pursue and maintain employment when recommended by treatment. Employment should not interfere with Mr. X’s treatment nor should he work in an environment that threatens his recovery.

Financial: Mr. X does not have an income due to his incarceration and states that he does worry about income to pay his debts and meet his basic living needs. He states that he does have a bank account. He denies that he has overdrawn an account in the past, denies having a credit card, denies being denied credit due to a poor credit score, and admits to receiving correspondence from creditors requesting payment on past due accounts. He states that he does not have a budget that he follows.

Recommendation: Develop and adhere to a budget to increase financial management skills with Case Management services as needed when employment is attained. Budget should include saving money towards independent housing.

Housing: Mr. X reports he has lived with his parents throughout his life.

Recommendation: Participate and complete programming at Twin County Probation Center followed by independent safe and sober housing.

Family/Relationships: Mr. X reports that he is single with no children. He states that his mother passed away 1 year ago and he describes his relationship with his step-father as “good”. He describes the relationship between his mother and biological father as “violent”. He admits to being a victim of child

abuse and neglect. He states that he has two brothers and a sister. His oldest brother is in prison for methamphetamine related offenses.

Recommendations: Mr. X should participate in individual trauma focused CBT focusing on learning affect regulation (coping) skills and reprocessing traumatic memories, and cognitive restructuring (changing faulty beliefs and thinking errors). Family members and others close to him should participate in Al-Anon and the Family Education Component of the Matrix Model with Mr. X as available.

Companions/Peers/ Leisure/Recreation: Mr. X reports no pro-social connections to the community. He states that he enjoys playing video games in his spare time and reports a history of doing auto body repair. He states that he has “a few” friends and prefers to spend time balanced between by himself and with friends.

Recommendations: Participate in sober, pro-social activities in the community.

Alcohol/Drug Use: Mr. X admits to a dependency on methamphetamine.

Recommendations: Intensive Cognitive Behavioral Therapy (CBT) in the form of Intensive Outpatient Treatment (IOP) to address moderate to severe substance use disorders at a frequency and duration indicated by research to prove effective is indicated (~200 hours). Frequent, random and observed drug and alcohol testing – including evening and weekend unannounced testing in the home and community.

Emotional/Physical/Personal: Mr. X reports that he does struggle with depression and anxiety.

Recommendation: See Family Relationship section of this summary.

Attitudes/Orientation: When asked how Mr. X felt about his current situation as well as the impact his actions have had on others, he states, “Disgusted”. He states that he does want to live a life without crime and substances. He states that his previous sentences and supervision were fair and appropriate and that he hopes to live a life without crime and without substances.

Recommendations: See Criminal History section of this report.

Respectfully submitted by: Barbara M. Howes, PhD, LMSW, CAADC